

The PE, School Sport and Physical Activity Webinar

Hosted by the One Network

This webinar is being recorded



One Network

A collaboration of not-for-profit organisations seeking to increase the quality and quantity of physical activity, PE, play, community & school sport

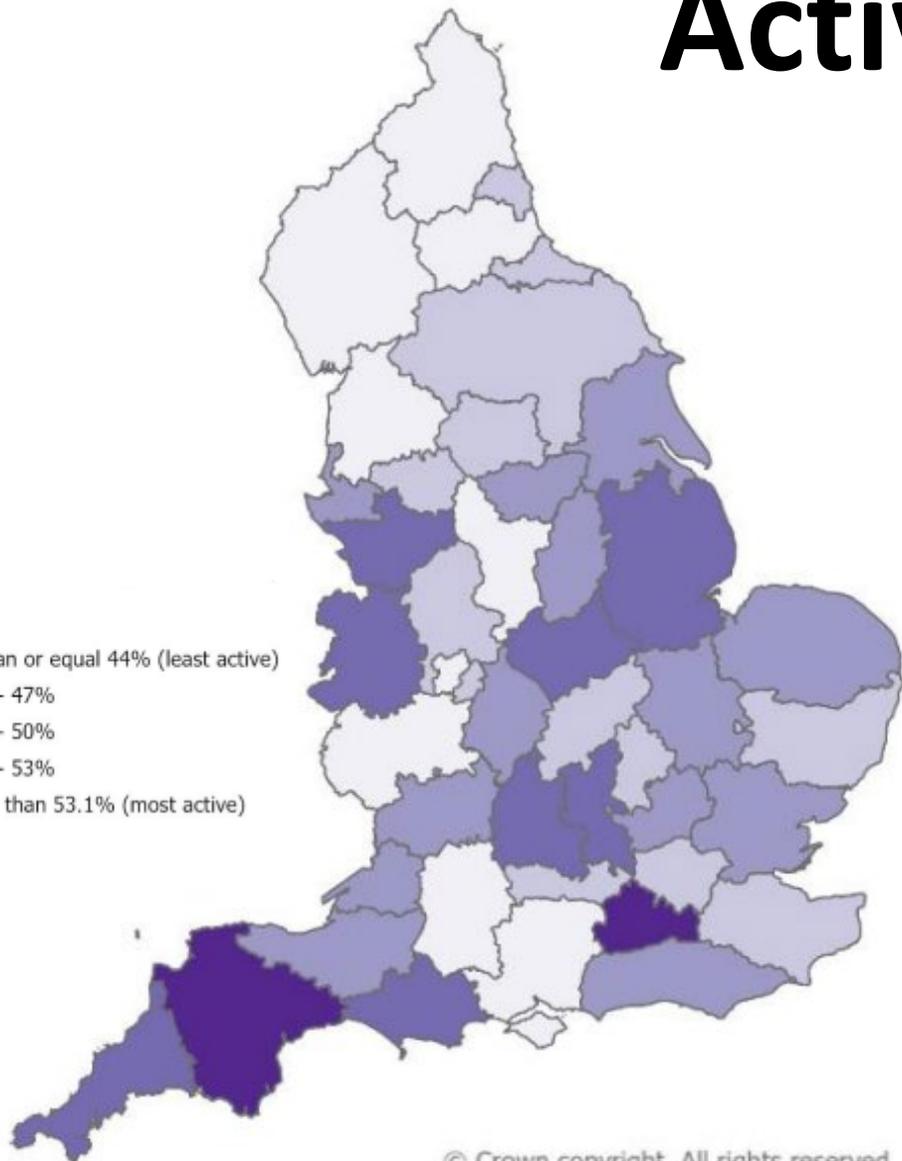
We:

- Support and give advice on PE & School Sport Premium good practice
- Help translate the new PE & School Sport Action Plan and new Ofsted Framework into good practice
- Support with county CPD (targeted)
- Signpost to appropriate local and national organisations & deliverers
- Advocate the integration of and importance of PE, school sport and physical activity in wider agendas and plans

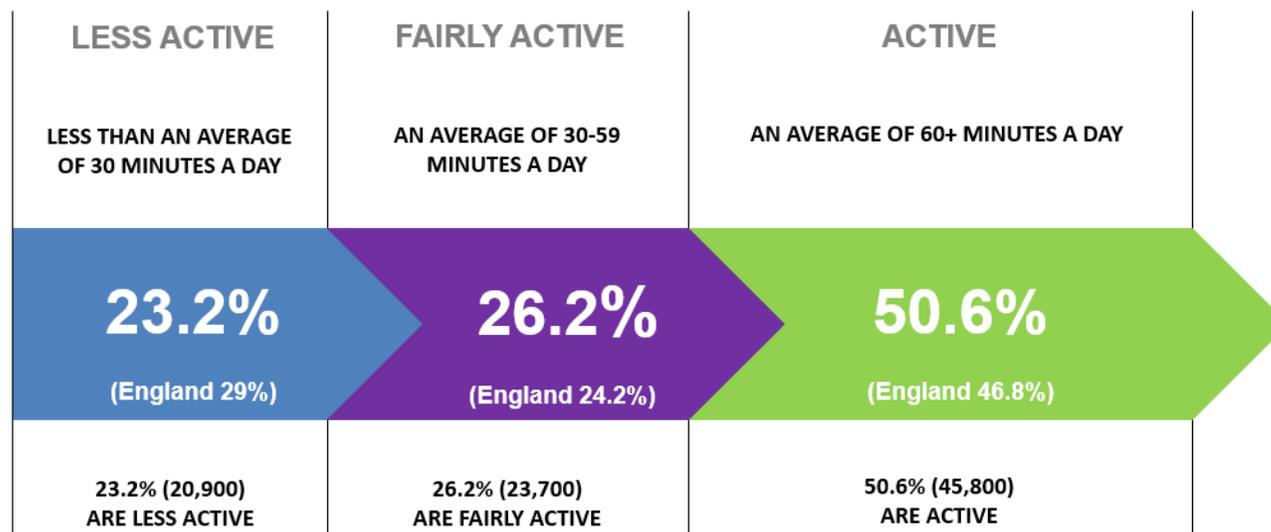


Activity Levels

Active Rate



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Sport England 100033111 2019



Kate Rouse

Head of Service for School Standards

Lincolnshire County Council



Kate Rouse

- **How the One Network fits in the education system**
- **An overview of the more general recovery**
- **How we (LCC) believe that PE and physical activity will play a part in our recovery**
- **What is the picture in schools?**
- **PE-CLARC (PE – COVID Lincolnshire Approach to Reviewing the Curriculum)**



PE and Sport Premium

Schools must use the funding to make additional and sustainable improvements to the quality of PE and sport they offer

This means that you should use the premium to:

- **develop** or **add** to the PE, physical activity and sport activities that your school provides
- build **capacity** and **capability** within the school to ensure that improvements made now will benefit pupils joining the school in future years.

And not to :

- employ coaches or specialist teachers to cover planning preparation and assessment (PPA) arrangements - these should come out of schools' core staffing budgets
- teaching the minimum requirements of your existing PE curriculum
- fund capital expenditure



PE Premium Key Indicators

1. Engagement of all pupils in regular physical activity 30-30
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport



Reporting

Schools must publish:

- the amount of premium received
- a full breakdown of how it has been spent (or will be spent)
- what impact the school has seen on pupils' PE and sport participation and attainment
- how the improvements will be sustainable in the future
- what percentage of pupils within their year 6 cohort for academic year 2019 to 2020 can do each of the following:
 - swim competently, confidently and proficiently over a distance of at least 25 metres
 - use a range of strokes effectively
 - perform safe self-rescue in different water-based situations



Funding Conditions

- Any use of the primary PE and sport premium should continue to support at least one of the KIs
- Schools MUST have their PE premium template up to date and displayed on school website
- Swimming attainment data for year 6 pupils should be provided from their most recent swimming lessons. This may be data from years 3, 4, 5 or 6, depending on the swimming programme at your school. If you have not been able to deliver your usual year 6 swimming approach, report on the attainment as it is, and provide the context.
- If you have underspend from last academic year (19/20) this must be spent by **31 March 2021**



PE and School Sport Premium

Members of the One Network led a national campaign to secure funding

Established the 'Extended Network'

The future? Schools have a vital role

Top sporting figures back schools funding

By Jeremy Wilson
 clear credit to education
 Government targeted to
 guarantee financial support
 £2.2billion package not
 may 'damage children's health'

More than 100 of the nation's sports stars, including Sir Paul, Hannah Cockburn and numerous other Olympic, Paralympic, World, European and Commonwealth champions, today urge the Government to immediately guarantee its primary school sports funding.

In an open letter seen by The Daily Telegraph, they outline the potential "catastrophic" consequences if a £2.2billion package is not put in place immediately to ensure young people have increased dramatically during the coronavirus pandemic.

The PE and Sport Premium has been largely funded by the sugar tax on soft drinks and provides the financial backbone of £100m for each primary school to invest in sport and activity during children's critical formative years.

But, with both funds set to end of this academic year, there has been no confirmation of its future status and the secretary has put key jobs at risk and raised fears over the potential "blatant" consequences for the physical and mental health of children.

The letter to Government, which was written yesterday and was gathering vast support, says that the country must do everything "to help young people recover and recover from the damage done to their wellbeing to avoid spiralling".

It outlines how the PE Premium has changed numerous lives, but says the current uncertainty has meant schools are "being severely compromised" in their ability to plan support for young people's physical and mental health.

The letter ends with a warning: "If we fail our withdrawal of support for physical education and school sport of this time could be catastrophic for a generation of young people. We urge government to bring and its commitment to young people's wellbeing by considering the potential damage without further delay."



Signatures of the letter appear below the main text.

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School sport is vital for the health and wellbeing of young people

"We are very concerned"

Open letter to the Government

As the country moves to reopen in a new normality, we are sure you will agree with our view that it is vital that young people increase and recover from the damage done to their wellbeing to recover health.

Sport and physical education have an essential role to play in this recovery. We will ensure that in every playgroup and every young person's school, we have a focus on physical education.

In their previous role as Open Premium, we supported primary schools to expand to improve PE and sport, giving them young people access and ensuring their mental and wellbeing.

We, the undersigned, are very concerned that the PE and Sport Premium funding for the new academic year (2021-22) will be cut. As a result, schools are being severely compromised in their ability to plan their support for young people's physical and mental health.

We fear this will mean that support for PE and school sport is significantly reduced and we are concerned that a generation of young people who have never needed it will be lost.

We urge government to sign up to a commitment to young people's wellbeing by continuing to ensure funding without further delay.

shows how children's activity levels have dropped during lockdown.

Chief medical officer Chris Whitty recommends children complete an average of at least 60 minutes of activity daily, but between 20 and 25 per cent have been achieving that. Around one in 10 children reported doing no daily activity.

Former Conservative minister Baroness Doreen Higgins and Tracy Stratford have both called for a parliamentary inquiry to look at the issue.

The Department for Education said the Government "wishes to ensure all children are getting an active start to life" and said "the generation of the PE and Sport Premium to the strategy will ensure you will be continued in the future".



Matt Evans

Chair of the Lincolnshire SGO Group
Chair of School Governors (Primary School)



Examples of best practice

Setting 'school challenges' for the school to work together and achieve a shared goal

Live PE lessons were provided online for those in school and for all the children at home

Using fun activities like fitness bingo activities to engage all pupils

Engagement in the Virtual School Games programme – the school watched together (virtually!) and were sending messages of support through our schools twitter page.

Daily online virtual challenges

A wide range of activities posted on school website for all pupils (competition, challenges and keeping active)

Using physical activity to support mental health of pupils



One Network Support

- National to local connection

Department for Education ✓
11.3K subscribers

HOME VIDEOS PLAYLISTS COMMUNITY CHANNELS ABOUT 🔍

Physically active schools ▶ PLAY ALL

It's important to keep kids active, even during challenging times like the Covid pandemic. Here are some great examples of how schools are ensuring pupils keep moving in Covid-secure ways.

Video Title	Channel	Views	Upload Time	Duration
Sport England Active Mile Initiatives	Department for Education ✓	756 views	5 days ago	3:36
Sports Leadership	Department for Education ✓	258 views	5 days ago	2:46
Active Play at Clare Mount Specialist Sports College	Department for Education ✓	203 views	5 days ago	2:59
Adapting physical activity to be Covid-secure	Department for Education ✓	259 views	5 days ago	2:49
Active Learning at Clavering Primary School	Department for Education ✓	252 views	5 days ago	2:48

<https://www.youtube.com/user/educationgovuk>



One Network Support

- **Support Webinars (October 3.30 – 4.30pm):**
 - **Monday 19th** – AfPE Safe Practice in PE
 - **Tuesday 20th** – Youth Sport Trust – Using PE and Physical Activity for whole school wellbeing – the Well Schools initiative
 - **Wednesday 21st** – LCC Education Team – In relation to Physical Activity: The new Ofsted Framework, the inspection process and what Ofsted are looking for
 - **Wednesday 21st** – Governors – Information and advice on how to maximise the impact of the government investment in PE and School Sport
 - **Thursday 22nd** – Swim England – How schools swimming lessons work in a covid-19 environment
- **Targeted workshops/webinars based on requests and insight**
- **Annual PESSPA Conference**
- **Planning and reporting support**
- **31st March 2021 – Deadline for unspent Premium funding (Top Tips)**



Questions for the panel

- Kate Rouse – Lincolnshire County Council
- Navaz Sutton – Active Lincolnshire
- Vincent Brittain – Inspire+
- Matt Evans – School Games Organiser
- Rebecca D'Arcy – Youth Sport Trust



One Network

Email

schools@activelincolnshire.com

Resources and Information

www.activelincolnshire.com/sport/children-young-people/primary-school-support/

www.activelincolnshire.com/keeping-children-active-home/

