



Sportivate

Case Study - December 2015

Applicant: **Grantham College & Newark Canoe Club**

A partnership was created by the East Midlands Canoeing Development Officer between Grantham College and Newark Canoe Club.

Using the UCanoe programme offer from British Canoeing, the lead teacher from the college was trained as a tutor to deliver their own indoor and encourage links to outdoor opportunities.

These pupils had been on indoor kayak machines, and now needed somewhere to go to try out the sport. Newark Canoe Club agreed to be the exit route for the pupils to deliver and take part in sessions on the water for 10 students.

Coaches at the club were encouraged to keep the sessions fun, allow the students to explore and learn skills along the way.

Following the project, the canoe club also expressed they would like to offer 8-10 memberships for the college to bring any 8-10 people down using their passes to club sessions.

“After 5 weeks of working with the youngsters from Grantham College, it has been refreshing to see how they have embraced the new skills involved in Kayaking and Canoeing. It is safe to say that they have all enjoyed their experience, whilst at the same time they have discovered things about themselves when placed in new and unusual situations, in such a strange environment.”

Dave Priestly, Newark Canoe Club

Impact

The sessions have helped the young people to experience different types of boats/ crafts and discover different techniques of paddling them.

It has helped them grow in confidence and they have thoroughly enjoyed the water sessions.

They now have expressed interest in wanting to go further in the sport by getting their 1 star and 2 star awards, some even expressed coming down regularly to the club.

“These sessions have really helped us to gain the skills and qualities needed to take part in canoeing/ kayaking. We’ve learnt many techniques, examples are: How to paddle straight and how to turn. They are extremely enjoyable and I love attending them every Friday.”

Olivia Topley, 18, Participant