



# Yummy Mummies and Buzzy Bees

FITNESS FOR EVERYONE



Fitness classes for Mums with babies to pre- schoolers and Primary school children!!  
**FIRST TIME FREE!!!!**

Mondays - 10.45am

Wednesdays - 10.45am and 4.30pm

Thursdays 10.45am

Fridays - 10.45am

Saturdays 9.30am

Classes are held at Frontline Fitness, Alma park Road, Grantham.

