

1 IN 4





LCpl William Bonner
1984 - 2009





itv NEWS

TOM DUNNING

itv NEWS
CENTRAL

**NEARLY
6000
SUICIDES
IN THE UK IN 2017**

SIRSMUDGE125

TIBERIUS

THE SHIRE FIRE



TRIPLE MEGA SUPER THREAT



START WEIGHT

23 Stone 6.4 Lb



CURRENT WEIGHT

16 Stone 4.2 Lb

**ARE
YOU
OK?**