

**ONE COUNTY
ONE MISSION
ONE NETWORK**



Lincolnshire PE & School Sport (Primary) Professional Education & Training Information Booklet

2016/17

A Comprehensive Programme of High Quality
PE & School Sport CPD

inspire⁺



Aims of Our Network

Lincolnshire PE & School Sport Network: A collaboration of local and national not for profit organisations seeking to increase the quality and quantity of PE, school sport and physical activity. Making a positive impact on young people;

1. Maximise impact of delivery through collaboration between local and national organisations
2. Provide an accessible core offer to all schools in the county to support high quality PE and school sport
3. Offer a coordinated programme of quality assured professional development and programmes that meet the needs of schools
4. To present a united front to local and national government and private agencies that may provide in-kind or financial support to enhance the offer to schools

Partners & contact information

	<p>Lincolnshire Sport More people, More active, More often. Contact Navaz Sutton, 01522 730 325 Navaz.Sutton@lincolnshiresport.com</p>
	<p>School Sport Partnerships of Lincolnshire High Quality PE & Sport Opportunities For All Contact Alan Grantham, 01472 851 250 Alan.Grantham@caistorgrammar.com</p>
	<p>Inspire+ Courage. Determination. Achieve Contact Micky Walkden, 01476 578 137 Office.inspireplus@gmail.com</p>
	<p>Youth Sport Trust Wellbeing. Leadership. Achievement. Contact Helen Gavin, 01509 226 688 englandcentral@youthsporttrust.org</p>

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KEY STAGE 2 PE TRAINING TOP SPORT – GYMNASTICS

Recommended audience

These courses are suitable for teachers and adults other than teachers of KS2 PE.

Course description

We have developed this practical course to help practitioners build their confidence and competence in teaching this discipline.

As part of this course, delegates are provided with access to downloadable resources including PDF cards, video demonstrations and identification of key teaching points for skills.

Course outcomes and impact

For the coach	For the class
<ul style="list-style-type: none">• Ability to plan and deliver gymnastics to KS2 children with increased confidence and competence• Differentiate using the STEP process to enable appropriate challenge for all children• Develop the use of higher order questions to challenge learning• Develop the whole child through a multiskill approach to teaching to develop their physical, thinking, social, creative and healthy attributes	<ul style="list-style-type: none">• Confident and competent teachers delivering gymnastics specific PE lessons• An engaging PE curriculum that supports the transference of skills from one activity to another• Challenged to extend their learning through differentiated tasks and higher order questioning• An understanding of how PE develops the whole person through the multi-abilities (Healthy Me, Physical Me, Creative Me, Thinking Me and Social Me)

Dates

4th October 2016

9.30am-3.00pm

Cranwell Village Hall, Old School Ln,
Cranwell Village, Sleaford, NG34 8DF
FREE to All

For bookings please contact:

Helen Gavin

englandcentral@youthsporttrust.org
01509 226 688

BOOKING LINK

FUNDAMENTALS & AQUATIC SKILLS OF SCHOOL SWIMMING (2 DAY COURSE)

Recommended audience

This training course is open to anyone working in a school swimming environment: school teachers, classroom assistants, learning support staff, nursery nurses and parents would find this CPD highly beneficial.

Course description

This training is designed to give confidence to your swimming delivery team at statutory national curriculum levels. It equips school staff with the right skills and knowledge to deliver high quality school swimming lessons to help ensure that your school not only meets but exceeds the national curriculum requirements.

Fundamentals of School Swimming Day 1 once completed the holder will be able to actively assist and support a more qualified teacher. Candidates can then progress to the second training programme.

Aquatic Skills of School Swimming Day 2 once completed the holder will be qualified to plan and evaluate session plans in line with the national curriculum and teach independently within a school swimming programme.

Course outcomes and impact

- **Core Module 1** - Roles, responsibilities and relationships, Health and safety, Safeguarding and protecting children, Organisation of the learning environment
- **Core Module 2** - Introduction to the strokes and key skills
- **Core Module 3** - Planning and preparing aquatic sessions
- **Primary Modules** - Additional skills, Key aspects of progression, attainment and assessment
- **Practical Observation** - Candidates teaching pupils, swimming and water safety in the national curriculum

Day 1 6th October 2016 9.15am-4.00pm
Meridian Leisure Centre, Louth,
Lincs, LN11 8RS
£100 Members £150 Non-Members

Day 2 13th October 2016 9.15am-4.00pm,
Meridian Leisure Centre, Louth, Lincs, LN11 8RS,
£100 Members £150 Non-Members

For bookings please contact:
Alan Grantham
alan.grantham@caistogrammar.com
01472 851 250 / 07748 116 498

SUBJECT CO-ORDINATOR TRAINING MODULE 1 - BEING AN EFFECTIVE LEADER OF PE, HEALTHY ACTIVE LIFESTYLES AND SCHOOL SPORT

Recommended audience

Experienced qualified primary teachers who are undertaking the role of PE Subject Coordinator within their school.

Course description

This is a one day theory course that will help practitioners to understand the role of a PE Coordinator and shape a vision for PE and school sport in their school.

Course outcomes and impact

For the coach	For the class
<ul style="list-style-type: none">• An understanding of the role of a PE Coordinator in the current PE, physical activity and school sport landscape• An understanding of how to shape a vision for PE and school sport within their school setting• Ability to prioritise needs through a RAG (Red, Amber, Green) rating process.• Identification of the links between whole school and PE objectives• Production of a development plan for PE focussing on maintenance and development	<ul style="list-style-type: none">• Experience a PE and school sport offer that complements and builds on the priorities of the school

Dates

5th December 2016

9.30am-3.00pm

Woodhall Spa Cricket club,
Jubilee Park off Stixwould Road,
Woodhall Spa, Lincolnshire, LN10 6QH
£100 Members, £150 Non-Members

For bookings please contact:

Helen Gavin

englandcentral@youthsporttrust.org

01509 226 688

SUBJECT CO-ORDINATOR TRAINING MODULE 4 - SCHOOL SPORT AND HEALTHY ACTIVE LIFESTYLES

Recommended audience

Experienced qualified primary teachers, who are undertaking the role of PE Subject Coordinator and have confidently embedded the learning from the Primary PE Subject Coordinator Training Modules 1-3 (pages 22-24). It is important to have also worked with the support of the senior leadership team to address whole school issues using PE.

Course description

This is a one day theory course that will help practitioners to understand how using physical activity can lead to improvements in children's health, wellbeing and educational outcomes.

Course outcomes and impact

For the coach	For the class
<ul style="list-style-type: none">• An understanding of how physical activity can be used to lead to improvements in children's health, well being and educational outcomes• An understanding of how to improve children's health and well being through PE, school sport and recreational activity• Development of an action plan that identifies the development of health provision in the school	<ul style="list-style-type: none">• Enabling the children to make more informed decisions about a healthy active lifestyle

Dates

6th December 2016

9.30am-3.00pm

Woodhall Spa Cricket club,
Jubilee Park off Stixwold Road,
Woodhall Spa, Lincolnshire, LN10 6QH
£100 Members, £150 Non-Members

For bookings please contact:

Helen Gavin

englandcentral@youthsporttrust.org

01509 226 688

Introduction to real PE

All children have the right to develop positive early relationships with PE and Physical Activity. A child's early experiences will provide a blueprint for their adult lives, developing the core memories and Fundamental Movement Skills that act as the foundations for future activity. We know that active, healthy children achieve more.

This interactive, experiential workshop will explore simple solutions and introduce **real PE**, an innovative programme to achieve these outcomes, by developing positive learning behaviours, transforming the culture of physical activity in the school.

[Find out more](#) ▶

Inspire+ is working in partnership with Create Development to redefine what is possible for PE, Sport and physical activity through a new, positive and inclusive culture.

For bookings please contact:
Micky Walkden
Office.inspireplus@gmail.com
01476 578 137

[BOOKING LINK](#)

Dates

1st November 2016

4.00pm - 5.30pm
Lincolnshire South
FREE

2nd November 2016

4.00pm - 5.30pm
Lincolnshire North / Central
FREE

8th November 2016

4.00pm - 5.30pm
Lincolnshire West
FREE

9th November 2016

4.00pm - 5.30pm
Lincolnshire East
FREE



START TO MOVE

Recommended audience

- Reception and KS1 teachers
- Adults other than teachers who want to develop a curriculum and multi-skills approach to PE at KS1

Course description

This is a one day practical course that aims to transform the way PE is taught to 4-7 year-olds by equipping participants with the expertise and confidence to provide children with a movement foundation for lifelong participation in physical activity. The objective of the Start to Move approach is to develop physical literacy; children learning the ABCs of movement.

Course outcomes and impact

For the coach	For the class
<ul style="list-style-type: none">• Increased confidence and competence in teaching KS1 PE• Gain a clear understanding of how PE can support whole child development i.e. thinking, social, healthy & creative aspects• Understand how to adapt and differentiate to ensure all children are supported through this approach	<ul style="list-style-type: none">• Focuses on whole child development (thinking, social, healthy & creative learners) through PE• Provides children with a strong movement foundation, allowing them to become increasingly confident and competent movers to inspire them to become the next generation of fit and healthy adults

For maximum impact it is recommended a class of KS1 children are available for the afternoon session to allow delegates to explore and develop the Start to Move approach with a group of children.

Dates

2nd November 2016 9.30am-3.00pm
The Priory City of Lincoln Academy,
Skellingthorpe Road, Lincoln, LN6 0EP
£100 Members £150 Non-Members

2nd November 2016 9.30am-3.00pm
Huntingtower Community Primary Academy,
Huntingtower Road, Grantham, NG31 7AU
£100 Members, £150 Non-Members

For bookings please contact:

Helen Gavin
englandcentral@youthsporttrust.org
01509 226 688

[LINCOLN BOOKING LINK](#)

[GRANTHAM BOOKING LINK](#)

SAINSBURY'S ACTIVE KIDS 4 ALL INCLUSIVE PE (KS1 AND 2)

Recommended audience

- Primary practitioners
- Students on Initial Teacher Training courses
- Adults other than teachers who support the PE curriculum

Course description

Sainsbury's Active Kids 4 All Inclusive PE (AK4A IPE) training equips delegates with the tools and practical ideas to fully include all children in PE curriculum. It aims to ensure that every child is appropriately challenged and able to show 'rapid and sustained progress'. AK4A IPE training asks delegates to consider current PE provision in the context of a learner's journey, challenges them to identify how and why some children may be disengaged or excluded and follows a process aimed at overcoming barriers.

Following the course, delegates will be given access to a bank of online resources. This is a five hour theory and practical workshop that can be delivered as two twilight sessions.

Course outcomes and impact

For the coach

With an aim of achieving outstanding inclusive PE, Sainsbury's AK4A IPE training will improve the participants' knowledge and skill in:

- Enabling the inclusion of all children
- Challenging and progressing all children
- Being able to apply this in their own school environment

Dates

7th November 2016

9.30am-3.00pm

Cranwell Village Hall, Old School Ln,
Cranwell Village, Sleaford, NG34 8DF
FREE to ALL

14th November 2016

9.30am-3.00pm

The Priory City of Lincoln Academy,
Skellingthorpe Road, Lincoln, LN6 0EP
FREE to ALL

For bookings please contact:

Helen Gavin

englandcentral@youthsporttrust.org

01509 226 688

ACTIVE LITERACY – USING PE AND SPORT TO RAISE ACHIEVEMENT IN ENGLISH

Recommended audience

KS1 and KS2 teachers who would like to explore a more active and multi-sensory approach to teaching English. This would also be ideal for Literacy Coordinators.

Course description

This is a one day practical course that uses the context of PE and sport alongside practical learning approaches to support the teaching of English across the school. Based on research and trials in primary schools across the country, this course uses existing resources alongside the National Curriculum Programmes of Study. It has been written by teachers for teachers, so it really gets to the heart of the challenges and offers evidence based solutions. The morning focuses on KS1 and the afternoon on KS2, but all delegates should attend for the whole day.

Delegates will receive practical teaching strategies alongside resource cards linked to reading, writing, speaking and listening for KS1 and a specially commissioned book for KS2. The format of this course provides numerous opportunities to share and develop ideas in collaboration with other teachers.

Course outcomes and impact

For the coach	For the class
<ul style="list-style-type: none">• An understanding of the link between PE/sport and English and how to apply it to the school setting• An opportunity to share ideas and be part of a learning community that develops good practice for literacy teaching across all key stages	<ul style="list-style-type: none">• Become more engaged and inspired by the active learning strategies and resources on offer. This will in turn help them to aspire to achieve in literacy through active learning

Dates

10th January 2017

9.30am-3.00pm

Cranwell Village Hall, Old School Ln,
Cranwell Village, Sleaford, NG34 8DF
£100 Members, £150 Non-Members

For bookings please contact:

Helen Gavin

englandcentral@youthsporttrust.org

01509 226 688

BOOKING LINK

SUBJECT CO-ORDINATOR TRAINING MODULE 2 - TEACHING AND LEARNING

Recommended audience

Experienced qualified primary teachers who are undertaking the role of PE Subject Coordinator and have completed Primary PE Subject Coordinator Training Module 1

Course description

This is a one day theory course that will help practitioners reflect on the quality of teaching and learning within PE, while exploring strategies and setting goals to lead, manage and implement the journey towards high quality teaching and learning in PE in their school.

Course outcomes and impact

For the coach	For the class
<ul style="list-style-type: none">• Time to reflect on the current quality of teaching and learning of PE across their school• An understanding of the Ofsted Framework and recognise what high quality PE looks like• Established and analysed teaching strengths and identified areas for improvement to ensure all children achieve and make progress• Explored a range of strategies and set clear goals, reflected in their action plan, to improve the quality of teaching and learning of PE in their school• Developed clarity on the approach to lead, manage and implement the journey towards high quality teaching and learning in PE in their school	<ul style="list-style-type: none">• Experience high quality PE lessons that are appropriate to their ability but challenge them to constantly improve, regardless of their age or ability

Dates

18th January 2017

9.30am-3.00pm

The Priory City of Lincoln Academy,
Skellingthorpe Road, Lincoln, LN6 0EP
£100 Members, £150 Non-Members

For bookings please contact:

Helen Gavin

englandcentral@youthsporttrust.org

01509 226 688

BOOKING LINK

SUBJECT CO-ORDINATOR TRAINING MODULE 5 - CURRICULUM PROVISION AND ASSESSMENT

Recommended audience

Experienced qualified primary teachers who are undertaking the role of PE Subject Coordinator and have confidently embedded the learning from the Primary PE Subject Coordinator training Modules 1-3 (pages 22-24). It is important to have also worked with the support of the senior leadership team to address whole school issues using PE.

Course description

This is a one day theory course that will raise awareness about the impact physical activity and PE can have on the achievement of students.

Course outcomes and impact

For the coach	For the class
<ul style="list-style-type: none">• An increased awareness of the impact physical activity and PE can have on the achievement of children in their school• Identify intervention strategies for targeted groups of children in their school and monitor the impact this intervention has had	<ul style="list-style-type: none">• Increased opportunities to develop the skills and qualities that contribute to the development of the whole child• Development of a range of achievement outcomes through formal and informal PE and school sport experiences

Dates

19th January 2017

9.30am-3.00pm

The Priory City of Lincoln Academy,
Skellingthorpe Road, Lincoln, LN6 0EP
£100 Members, £150 Non-Members

For bookings please contact:

Helen Gavin

englandcentral@youthsporttrust.org

01509 226 688

BOOKING LINK

ACTIVE NUMERACY – USING PE AND SPORT TO RAISE ACHIEVEMENT IN MATHS

Recommended audience

KS1 and KS2 teachers who would like to explore a more active approach to teaching maths. This would also be ideal for maths coordinators.

Course description

This is a one day practical course that uses the context of PE and sport alongside practical learning approaches to support the teaching of English across the school. Based on research and trials in primary schools across the country, this course uses existing resources alongside the National Curriculum Programmes of Study. It has been written by teachers for teachers, so it really gets to the heart of the challenges and offers evidence based solutions. The morning focuses on KS1 and the afternoon on KS2, but all delegates should attend for the whole day.

Delegates will receive teaching resources developed for active maths teaching, including an introduction to the 'Maths of the Day' teaching programme.

Course outcomes and impact

For the coach	For the class
<ul style="list-style-type: none">• An understanding of the link between PE and the development of leadership behaviours through 'Learning to Lead'• An opportunity to reflect on the importance of establishing a clear leadership pathway through increased understanding of the Leadership Ladder• Practical ideas and solutions to embed leadership across the school using PE, physical activity and school sport	<ul style="list-style-type: none">• Experience high quality PE lessons that are appropriate to their ability but challenge them to constantly improve, regardless of their age or ability• Understand the Leadership Pathway that is accessible within their own school and during transition into secondary school

Dates

10th February 2017

9.30am-3.00pm

The Priory City of Lincoln Academy,
Skellingthorpe Road, Lincoln, LN6 0EP
£100 Members, £150 Non-Members

For bookings please contact:

Helen Gavin

englandcentral@youthsporttrust.org
01509 226 688

BOOKING LINK

MATALAN TOP SPORT

Recommended audience

- KS2 teachers
- Adults other than teachers who want to develop a curriculum and multi-skills approach to PE at KS2

Course description

Sporting Promise is an award-winning grass roots sports initiative that has impacted on over three and a half million children in the last five years. Through a partnership between Matalan and the Youth Sport Trust, it aims to ensure that children across the country have vital access to sports activity in school. This one day practical course also provides delegates with resource cards, posters and access to online resources.

Course outcomes and impact

For the coach	For the class
<ul style="list-style-type: none">• Develops the confidence and competence of teacher's delivery of KS2 PE• Allows teachers to gain a clear understanding of how PE can support whole child development through the multi ability model• Gives teachers a clear framework to support differentiation and inclusion• Encourages teachers to use higher order questioning to challenge and extend learners	<ul style="list-style-type: none">• Increased opportunities to develop the skills and qualities that contribute to the development of the whole child• Development of a range of achievement outcomes through formal and informal PE and school sport experiences

Dates

21st March 2017

9.30am-3.00pm
Horncastle TBC
FREE to All

22nd March 2017

9.30am-3.00pm
Cranwell Village Hall, Old School Ln,
Cranwell Village, Sleaford, NG34 8DF
FREE to All

For bookings please contact:

Helen Gavin

englandcentral@youthsporttrust.org

01509 226 688

SCHOOLS CONFERENCE

LINCOLNSHIRE PE & SCHOOL SPORT CONFERENCE

Recommended audience

The conference is designed to meet the needs of professionals working within the KS1 and KS2 educational setting. This includes partners working with schools due to the extensive content coverage of the conference. Any individuals that are interested in improving their knowledge, skill base and understanding of primary school physical education will find this conference a hugely rewarding event.

Conference description

The day will give you a detailed overview of how you can make the biggest impact with your PE and Sport Premium Funding in your school. The latest national guidance will be provided from a range of local, regional and national providers at the forefront of primary school PE. The conference will give you a valuable insight into existing best practice in teaching and learning, along with innovative strategies and delivery methods that help you improve the quality of your school education. The conference will offer you the flexibility to choose which workshops you attend allowing you to tailor your learning experience to the demands of your school or education provider.

There will also be the opportunity to receive information on local programmes that support Primary Sport, receive more detailed area specific information, engage in practical sessions and pose questions to National Partners.

Conference outcomes and impact

- Opportunity to reflect and improve on the current quality of teaching and learning of PE across their school
- To network and share best practice with local, regional and national providers of primary school PE
- Explore a range of current agenda items tailored to maximise positive impact of PE within all areas of primary education
- Gain access to support initiatives and programmes offered at a local level through partner organisations

Dates

24th March 2017 9.00am-3.00pm
Bishop Grosseteste University, Longdales Rd, Lincoln LN1 3DY
£75 members, £100 Non-members.

For bookings please contact:

Alex Nightingale
Alex.Nightingale@lincolnshiresport.com
01522 730 325

SUBJECT CO-ORDINATOR TRAINING MODULE 6 - WHOLE SCHOOL IMPACT

Recommended audience

Experienced qualified primary teachers who are undertaking the role of PE Subject Coordinator and have confidently embedded the learning from the Primary PE Subject Coordinator training Modules 1-3 (pages 22-24). It is important to have also worked with the support of the senior leadership team to address whole school issues using PE.

Course description

This is a one day theory course that explores the impact PE and school sport can have on whole school outcomes.

Course outcomes and impact

For the coach	For the class
<ul style="list-style-type: none">• An increased awareness of the impact PE and School Sport can have on whole school outcomes• An understanding of designing and implementing intervention strategies using PE and school sport as a vehicle to make a difference to whole school priorities	<ul style="list-style-type: none">• Experience the context, values, skills and pedagogy of high quality PE transferred to the whole school curriculum• Increased access to physical activity that is directly related to the achievement of whole school outcomes

Dates

23rd May 2017

9.30am-3.00pm,

Huntingtower Community Primary

Academy, Huntingtower Road,

Grantham, NG31 7AU

£100 Members, £150 Non-Members

For bookings please contact:

Helen Gavin

englandcentral@youthsporttrust.org

01509 226 688

BOOKING LINK

SUBJECT CO-ORDINATOR TRAINING MODULE 3 - CURRICULUM PROVISION AND ASSESSMENT

Recommended audience

Experienced qualified primary teachers who are undertaking the role of PE Subject Coordinator and have completed Primary PE Subject Coordinator Training Modules 1 and 2

Course description

This is a one day theory course that will help the practitioner plan an effective and appropriate curriculum for the children in their school and develop an understanding of the role of assessment.

Course outcomes and impact

For the coach	For the class
<ul style="list-style-type: none">• Time to explore the expectations of the National Curriculum and implications for curriculum provision• An understanding of the role of assessment and its importance in teaching and learning• How to maximise the use of assessment for learning in PE lessons• Planning the next steps of their PE curriculum development and use of assessment	<ul style="list-style-type: none">• Experience a relevant PE curriculum that meets their needs and interests• Develop an understanding of their own performance and how to improve further

Dates

24th May 2017

9.30am-3.00pm

Cranwell Village Hall, Old School Ln,
Cranwell Village, Sleaford, NG34 8DF
£100 Members, £150 Non-Members

For bookings please contact:

Helen Gavin

englandcentral@youthsporttrust.org

01509 226 688

BOOKING LINK

LEGACY CHALLENGE

Recommended audience

- Staff members who will take ownership of the programme within their school. This could be the PE co-ordinator, head teacher or an experienced teaching assistant.
- Young People - Up to 4 per school ideally year 5 or 6 pupils (year 2 for Infant Schools) who will be able to promote and lead on the programme once back at school. These pupils will become your schools ambassadors and don't need to be gifted & talented at sport just have the passion to get people moving and active.

Course description

The Legacy Challenge is a resource for all primary schools which has been designed and published by Lincolnshire based sports charity Inspire+ to inspire more young people to be physically active and lead a healthier lifestyle. We are pleased to announce that this year Inspire+ can provide you the Legacy Challenge at no cost thanks to the support from Lincolnshire Sport and Payplan who have become Legacy Challenge supporters.

Dates:

Tuesday 24th Jan - Grantham
Thursday 26th Jan - Stamford/Deepings
Tuesday 31st Jan - Boston
Wednesday 1st Feb - Sleaford

Tuesday 7th Feb - Spalding
Wednesday 8th Feb - Louth
Wednesday 22nd Feb - Lincoln
Wednesday 1st March - Skegness

Outcomes and impact

The Legacy Challenge will support whole school development areas by:

- Encouraging pupils to become healthier and more active both at school, home and within the community
- Increasing numbers of students participating in intra and inter-school competition
- Developing leadership skills amongst young people
- Baseline data that is collected as part of the Legacy Challenge can be used to promote evidence of impact for Ofsted (spiritual, moral, social, cultural development), Sport Premium, Healthy Schools Status and School Games Mark

Schools will also receive localised training which will enable a teacher and Young Ambassadors (year 5/6 pupils) to embed and run the Legacy Challenge within their school. Training will typically be after school lasting an hour and a half.

Dates of your localised training are listed opposite and further information can be found on our website.

For bookings please contact:

Marc Blackman
Marc.inspireplus@gmail.com
01476 578 137

[BOOKING LINK](#)

real PE

Recommended audience

EYFS, KS1 and KS2 practitioners.

Course description

real PE provides fun and simple to follow schemes of work and support for practitioners that give them the confidence and skills to deliver outstanding PE.

Course outcomes and impact

- Provides a holistic approach which recognises the key abilities children need to be successful both within PE and Sport and across the curriculum
- Learn a philosophy for delivery provided by our Learning Nutrition programme aimed to give teachers the confidence and skills to transform their teaching in order to deliver outstanding PE
- The only scheme of work with a curriculum map, clear learning journeys, integrated assessment framework and tools to evidence and celebrate rapid sustained progress
- Learn an approach that leads the way in terms of making a real difference to the quality of provision

Dates

real PE Learning Community 1

Day 1: Thursday 24th November 2016

Day 2: Thursday 23rd February 2017

Day 3: Thursday 8th June 2017

real PE Learning Community 2

Day 1: Wednesday 14th June 2017

Day 2: Wednesday 20th September 2017

Day 3: Wednesday 29th November 2017

Venues: determined by local demand

Cost: £495 plus VAT and includes a 3-day programme, a scheme of work, supporting resources and ongoing support including a Teacher Portal.

For bookings please contact:

Micky Walkden

Office.inspireplus@gmail.com

01476 578 137

[Find out more >](#)

[BOOKING LINK](#)



real gym

Recommended audience

EYFS, KS1 and KS2 practitioners.

Course description

real gym is an approach to support teachers to deliver high quality gymnastics in school and create rounded learners.

real gym will show you how to:

- Create enabling environments that include, challenge and support all children
- Progressively develop gymnastic skills
- Apply skills in competitive and cooperative applications
- Explore space, apparatus, sequences and floor work
- Use large apparatus effectively in curriculum lessons

Dates

Tuesday 31st January 2017

9.30am - 3.30pm
real gym KS1

Wednesday 1st February 2017

9.30am - 3.30pm
real gym KS2

Tuesday 6th June 2017

9.30am - 3.30pm
real gym KS1

Wednesday 7th June 2017

9.30am - 3.30pm
real gym KS2

Venues: determined by local demand

Cost: £225 plus VAT and includes a one-day training course, schemes of work for your year group, Interactive 12 lesson programme (split into 4 x 3 lesson blocks), 35 real gym cards showing how to develop key skills and creative dice to support development.

For bookings please contact:

Micky Walkden

Office.inspireplus@gmail.com

01476 578 137

[Find out more >](#)

[BOOKING LINK](#)



Youth Sport Trust

FREE to all Level 2 and Level 3 Youth Sport Trust members

The Youth Sport Trust Quality Mark is an online self-review tool which provides schools with a nationally recognised kitemark for PE and school sport. The tool supports you to audit your PE provision and identify priorities for your PE and school development plan. Complete the Youth Sport Trust Quality Mark to understand the needs of your school and young people and decide which course or opportunity is right for you.

Why not attend a Quality Mark completion support session.

Find out more: youthsporttrust.org/user/quality-mark

School Games Organisers

Lincolnshire is divided into eight areas known as the School Sport Partnerships of Lincolnshire. Each area has its own School Games Organiser who can offer support to your school in developing physical education and sport.

Cherry Willingham School Sport Partnership

Gareth Hart
01522 751 040 / 07846 839 692
gareth.hart@cwcs.lincs.sch.uk

City Of Lincoln School Sport Partnership

Jenny Noble
01522 889 977 / 07739 473 154
jnoble@prioryacademies.co.uk

Lincolnshire Central School Sport Partnership

Matt Evans
01529 308 746 / 07841 776 706
matthew.evans@carres.uk

Lincolnshire South West School Sport Partnership

Terry Plumb
01476 566 384 / 07834 220 570
tplumb@prioryacademies.co.uk

Lincolnshire South East School Sport Partnership

Rupert Gibson
07775 653 297 / 07775 653 297
agilitassports@btinternet.com

Boston And District School Sport Partnership

Matthew Haslam
01205 725 424 / 07909 823 423
MHaslam@ThomasMiddlecott.co.uk

The Wolds School Sport Partnership

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CURRENT PROGRAMMES AND OPPORTUNITIES

Lincolnshire Sport works with local and national partners to support schools and other educational settings across the county to deliver specific programmes that aid children & young people's development through physical activity and sport participation. There are already a number of programmes for children & young people in place across the county which are fundamental to our "inspiration to participation" strategy. Below are some other programmes that can aid your school in providing opportunities within PE and school sport. These are specifically designed to support the schools network in delivering high quality PE.

Lincolnshire School Games



The focus is to engage and enthuse more young people than ever before to participate in high quality meaningful school competition, supporting them in achieving their own personal best in sport and life.

School – Club Links

The purpose of a school-club link is to provide a pathway from school sport to community (club) sport, to enable young people to actively engage in sport in both environments as participants, volunteers, coaches and/or officials.

School Sport Challenge

The School Sport Challenge looks to incorporate a variety of inclusive sporting activities based on concepts relating to the School Games Level 1 formats. This is a day of activities with awards and different sports integrated for the whole school.

Wheelchair Sports Programme

Through reverse integration pupils experience fun activities that are inclusive whilst incorporating a number of learning elements to broaden the knowledge of inclusive sporting opportunities. This programme includes a training day and use of sports wheelchairs.

These all support the delivery and maintenance of high quality PE and school sport, whilst providing opportunities that maximise impact and ensure sustainability for active healthy lifestyles.

For more information please visit www.lincolnshiresport.com/primarysupport

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Lincolnshire County Council support and endorse these partners and the aims of the PE & School Sport Network. One of the key recommendations from Ofsted for the use of sport premium funding, is to upskill the primary school workforce through high quality CPD opportunities. This Professional Education & Training Calendar provides a comprehensive programme that Lincolnshire schools can access for high quality PE and school sport CPD.

Debbie Barnes
Director of Children's Services



For more information about CPD and other services available to schools, please visit

www.lincolnshiresport.com/primarysupport

@SchoolSportLS

Courses subject to cancellation if minimum number of delegates is not met. Schools and delegates will be notified a week prior to the course start date if the course is not running. A full refund will be issued under these circumstances. If delegates cannot attend the course refunds are entirely at the discretion of the course provider.